

## Achieving Top Performance Through Positive Work Culture

In today's workforce environment, many face problems, difficulties and challenges in their daily lives, be it work or personal life. That's why it is important for the workforce to understand how to maintain their positive mind-set without letting the negative environment affect them so that they can achieve Top Performance in their Personal and Professional lives.

### Course Outline

#### **Module 1: What is positive work culture?**

- What is your level?
- Steps to form a positive work culture

#### **Module 2 : Understanding the power of the mind t**

- Find out the ways to quit the old paradigm
- 5 ways of getting out of the box mind-set

#### **Module 3 : Finding purpose in your life**

- What prompts our behaviour and action?
- Understanding the outcome of your behaviour
- What you and your loved ones believe in?
- Setting the right behaviour through belief systems

#### **Module 4 : Having Fun at Work!**

- How to enjoy your work?
- Practical ways to enjoy what you do

#### **Module 5 : The Power of communication**

- Communicating in the 21<sup>st</sup> century for better working relationships
- Steps to get rid of communication barriers
- Closing the communication gap through good interpersonal skills

#### **Module 6 : Self-Motivation**

- Identifying motivational factors that create positive work habits
- What motivates you?
- Steps to motivate yourself to perform with excellence.

#### **Training Methodology**

To ensure that you receive maximum benefits, audio-visual equipment and presentations will be introduced to highlight important principles, together with discussions and brainstorming sessions.

#### **Who Should Attend?**

This program is designed for every level of the workforce.

**1-day Program | 9am – 5pm**

For more information, kindly contact:-

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*\*This course is eligible for HRDF*